



THE BENCH PRESS

www.HealthClubatSouthpointe.com

June 2026

CONGRATULATIONS TO OUR MASTER TRAINER BILL MARNICH AND HIS WIFE JILLIAN, FORMER FITNESS DIRECTOR AT HCSP!

ON THEIR NEW DAUGHTER RUTH!

Ruth Nicole Marnich was born on June 11, 2026. She is the first child of the couple who met here at the Health Club.

Join us in Congratulating Bill in becoming a NEW DAD!



More Treadmills Updated

4 more treadmills have been refurbished. We have added new decks, belts and completed maintenance to allow these treadmills to perform like new!

Please Be Considerate

When working out on our various strength equipment, please be considerate of others who may also be trying to get their workout in!

Please no "saving" of machines with towels, or sitting on machines between sets on your phone, etc. Others may be reluctant to ask you if they can work in if you are tying up the equipment. This will make the atmosphere better for all members using the machines.
THANK YOU!



Towel Service



Towel service continues to be one of the many valued benefits in a membership at the Health Club at Southpointe. This benefit includes the use of 1 bath towel, and 1 gym towel during each visit to the club. This service, as you might expect, has a significant cost associated with it.

The Labor, supplies and replacement costs required to manage 15 loads of towels per day is extraordinary.

While we have been lenient in enforcing the 1 towel rule, we must begin insisting on compliance. However for those requesting additional towels each day, we have formulated a plan that we feel is fair to all membership as well as the Club. Members will be able to purchase a usage card giving them the freedom to use towels in excess of the allowance. The details of this new program will be finalized in early July. This will enable us to continue the complimentary towel service for all members while allowing those requesting extras to have them :)